

Auckland Qigong Retreat

May 15th (3pm) - May 18th (3 pm) 2025

Bella Rakha Retreat Centre: 581 West Coast Rd, Oratia 0604

\$860 for 3 days including meals and accomodation

Early Bird price \$760.00 before March 20th

Suitable for beginners and experienced practitioners



Join us in Auckland for three days of beautiful Zhineng Qigong practice led by Zhineng and Mingjue Gongfu teacher Dr Margaret Macky.

Learn qi movement practices you can immediately build into your daily life.

Experience deep qigong meditation

Pave the way to a healthier, more emotionally balanced self

Book now :

Mingjueqigongnz@gmail.com

